

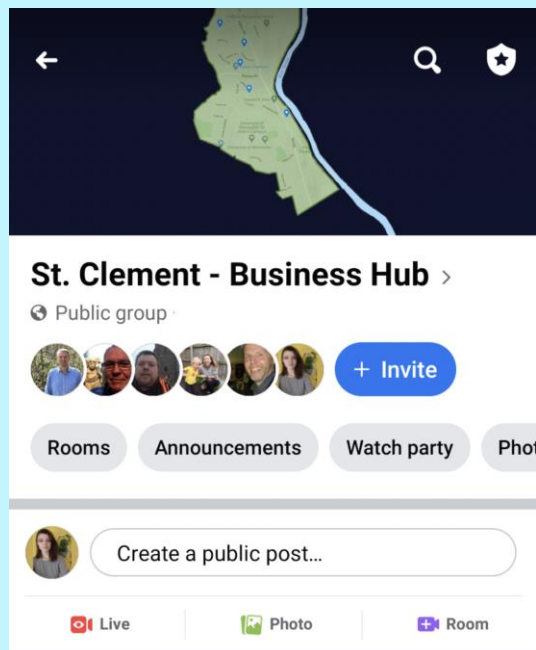


Tor Pingree

SUPPORT OUR LOCAL BUSINESS HEROES

The roll out of a national vaccination programme is a welcome development in the fight against the Covid-19 virus, but it is likely to be a long time before things return to anything like the normal we used to take for granted.

When doing your shopping please remember our local independent businesses, many of whom have worked so heroically throughout the pandemic to support local residents. In return, by making a small choice to shop local, you can make a big difference to independent business owners. **This year has been extremely challenging for them, and they need our support.**



A Facebook Business Hub for local businesses in St Clements has just been launched by Tor. If you're a local business owner in St. Clements Ward then get in touch with Tor to promote your business for free. E-Mail tor.pingree@gmail.com. If you want to support local businesses search for St. Clement - Business Hub or [click here](#).



RAISING £500 FOR WORCESTER FOOD BANK

Worcester Musicians Against Food Poverty (WMAFP) hosted by Tor Pingree on 7th February raised over £500 for Worcester Foodbank.

5 local acts performed via Zoom to a virtual audience.

Tor said: "I don't think anyone should have to face going hungry, which is why I want to do all I can to help support my local food bank".



If you are able to make a donation, no matter how small, it could make such a difference. Donations of undamaged goods which are still within their "use by" date can go to Worcester Foodbank, Unit 7, Lowesmoor Wharf WR1 2RS. Supermarket gift cards are also a very welcome way to help. You can also donate online at www.worcester.foodbank.org.uk.



A TALE OF TWO BRIDGES

Repair work to the Sabrina Bridge was finally completed in January with Tor being one of the first to cycle across it.

Preliminary planning work on a new foot bridge connecting the Kepax site with Gheluvelt Park has been completed. The plan is to create a new path from Riverview Close, open to pedestrians and cyclists, which will lead to the bridge and connect residents to Gheluvelt Park across the river.

As soon as we can deliver 60 second surveys again we will be asking your views on the plan.



WORCESTER UNIVERSITY — GO GREEN WEEK

Worcester University's go green week has continued for another year. They usually host a variety of events on campus. However, this year they hosted online debates, activities, quizzes and talks.

It's fantastic to see their commitment to sustainability and education on climate change. They are consistently ranked in the top 5 most sustainable universities.

GET INVOLVED

Due to the current restrictions we are not permitted to deliver St Clement News by volunteers.

To ensure we continue to keep you informed on local issues and ensure a level playing field ahead of the local elections due on Thursday 6th May, Tor and the local Green Party decided to pay a professional company to deliver our printed newsletters.

If you are able to give a donation towards our cause please get in contact with Tor.

STRUGGLING WITH LONELINESS, WELLBEING OR MENTAL HEALTH?

The coronavirus outbreak is having an impact on everyone's daily lives. **In these challenging and unprecedented times, it's normal to experience increased levels of stress, anxiety, low mood or depression.** But don't worry, it's common and **you're not alone.** If you're struggling, there are many helplines available:

SAMARITANS

Call 116 123 (available 24 hrs, 365 days a year)



0800 980 3331 (available 24 hrs, 365 days a year)



0808 801 0327 (Monday to Friday 9.00 to 5.00)



www.hacw.nhs.uk/coronavirus-and-mental-wellbeing/



www.worcestershire.gov.uk/here2help

01905 768053 then press option 3



In an emergency dial 999 and ask for police. If you are not safe to speak - call 999 and then press 55

CAN WE HELP?

If you have a comment or query about our area, Tor and her team would love to know.

Here are the ways you can get in touch:

Tor Pingree

Mail: tor.pingree@gmail.com

Tel: 07516 160035



@torpingreeworcester

